



PORT OF PORTLAND

Container ships make a comeback

Though less frequent than Hanjin, Swire Shipping will call every 35 days

Mike Rogoway The Oregonian/OregonLive

Container ships will resume calls to Portland in January, though on an extremely limited basis. The Port of Portland said Monday that a company called Swire Shipping will begin calling at the port every 35 days. That's much less frequent than the weekly port calls Hanjin Shipping made in Portland until 2015, when it pulled out amid a labor dispute. A smaller line continued monthly calls until 2016, when it, too, dropped Portland. Hanjin left amid a dispute between the International Longshore and Warehouse Union and port operator ICTSI. Port managers had accused longshoremen of deliberately slowing down work at Terminal 6, a claim the union denied. Before its departure, Hanjin shipped 1,600 containers a week, filled with agricultural exports to Asia and apparel for Nike, Columbia Sportswear and others. The Port of Portland severed its ties with ICTSI in February. Oregon provided \$250,000 from the state's Strategic Reserve Fund to support the new service.

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HEALTH

This might raise your blood pressure

For the first time in 14 years, experts lower the standard for hypertension



New medical guidelines announced Monday, lower the threshold for high blood pressure, adding millions of Americans to those who have the condition. Associated Press file

Lynne Terry The Oregonian/OregonLive

National heart experts Monday lowered the standard for high blood pressure, hoping people get treated earlier. The change means millions more U.S. adults will be diagnosed with the disease. Remember this count: 130 over 80. That's the latest definition for high blood pressure from the American Heart Association and the American College of Cardiology. The two leaders of heart disease research essentially lowered the old recommendation — 140 over 90 — by 10 points. Under the current guidelines, about a third of the adults in the United States fall into that category. The new recommendations will sweep nearly half of U.S. adults into a higher-risk category. High blood pressure can lead to heart attacks, stroke, kidney failure and vascular dementia. The new guidelines eliminate a category of prehypertension, which was defined as 120 to 139 over 80 to 89. The first number is systolic blood pressure, the pressure in the arteries when the heart contracts and pushes out blood. The second number is diastolic blood pressure or the pressure between each beat. The shift stems from research since 2003, when the old recommendations were made, said Dr. Ty Gluckman, a

SEE HEALTH, A4

New blood pressure guidelines

Revised guidelines lower the threshold for high blood pressure, putting millions more Americans at risk for the disease.

Systolic pressure (during heartbeat)		Diastolic pressure (between heartbeats)	
OLD GUIDELINES	NEW GUIDELINES	OLD GUIDELINES	NEW GUIDELINES
Above 180: Hypertensive crisis	Above 180: Hypertensive crisis	Above 120: Hypertensive crisis	Above 120: Hypertensive crisis
160+: Hypertension Stage 2	160+: Hypertension Stage 2	Above 110: Hypertensive crisis	Above 110: Hypertensive crisis
140-159: Hypertension Stage 1	140+: Stage 2	100+: Stage 2	100+: Stage 2
120-139: Prehypertension	130-139: Stage 1	90-99: Stage 1	90+: Stage 2
Below 120: Normal	120-129: Elevated	80-89: Prehypertension	80-89: Stage 1
	Below 120: Normal	Below 80: Normal	Below 80: Normal

Readings are in millimeters of mercury. Sources: CDC, American Heart Association Associated Press

OREGON SUPREME COURT

Groups ask for review of new sales tax on cars

Gordon R. Friedman The Oregonian/OregonLive

A used car dealership and two road-user industry groups are asking the Oregon Supreme Court to overturn a new 0.5 percent tax on the sale of new cars. Oregon AAA, subsidiary AAA AutoSource and the Oregon Trucking Association argued in a Nov. 3 petition that the planned tax violates the Oregon Constitution, which puts strict limits on expenditures of road-related tax revenues. The state fund that is used to pay for roads is separate from the fund that pays for other state services. Voters approved an amendment to the Oregon Constitution in 1980

that requires proceeds from vehicle-related taxes to go to the road fund and pay only for highway-related expenses. But the tax set to take effect on car sales on Jan. 1 — dubbed the “privilege tax” by lawmakers, because they say it's a tax on dealers for the privilege of selling cars — won't work that way. Privilege tax revenues would go into a new separate spending account to subsidize purchases of electric vehicles. Legislative staffers estimated the tax will raise about \$60 million per year. Lawmakers created that account and the privilege tax to fill it when they passed House Bill 2017, a package to

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NATION Fifth woman accuses Moore

Republicans are calling on the U.S. Senate candidate in Alabama to drop out of the race A5



SPORTS Portland takes down Denver

CJ McCollum and Jusuf Nurkic had 17 points apiece, and the Blazers beat the Nuggets 99-82. B1